

APPENDIX A
Instructions for Getting Started

Please review all the instructions before starting - Thank You!

1. The first thing to do is to have a **BioScan™ Profile** performed. Items needed are:
 - a. A carefully collected **Cheek Swab Specimen**.
 - i. See Appendix B for instructions for proper collection of your Cheek Swab Specimen.
 - b. A carefully completed **Medical History** form.
 - i. See Appendix C. It is one sheet on both sides.
 - c. A thoughtfully completed **Quality of Life Profile**.
 - i. See Appendix D. It is one sheet on both sides.

2. NOTE: all of these forms need to be mailed back to:

Natural Cancer Healing Center
733 E. 6th Place
Mesa, AZ 85203

3. After submission please allow up to 7 days for processing your BioScan™ Profile. When it is ready we will contact you with a copy of the report. If you like we can set up a convenient time to review your **BioScan™ Profile Report and Recommendations**.
 - a. We will plan on answering your questions and gathering the information necessary to complete our records.
4. **There is no charge for doing the BioScan™ Profile or reviewing your BioScan™ Profile Report and Recommendations until and unless you choose to go ahead with developing a Phytoceutical Medicine Prescription for your needs.**
 - a. The **BioScan™ Profile Report and Recommendations** includes a summary of findings about Biologic Conflicts as well as the details of how many pills are in each NeoPax or OrthoPax, and the first month's costs.
 - b. Usually we reach for a higher amount of Milligram Points per Day (MgPPD) early in the program. Then we reduce that to more of a maintenance level as progress is being seen. Of course the costs go down at the same time.
5. **To summarize:**
 - a. Doing the BioScan™ Profile with a report and recommendations requires:
 - i. **Cheek Swab Specimen** (see Appendix B for collection instructions)
 - ii. **Medical History** (Appendix C)
 - iii. **Quality of Life Profile** (Appendix D)
6. **WE NEVER MAKE RECOMMENDATIONS REGARDING PRESCRIPTION MEDICATIONS.**
 - a. Giving advice or making recommendations about taking prescription drugs (“legend pharmaceuticals”) is not within the scope of practice of PMA doctors. This is

- something that should be always be discussed with the prescribing physician.
- b. We can however share our knowledge and experience about many drugs and medications.
 - c. You should never start, stop or change your prescription medicine schedule without first checking with your prescribing physician.
7. When everything is in place we will ship your Phytoceutical Medicine Prescription. This includes a month's worth of:
- a. The required number of packages of NeoPax™/OrthoPax™
 - b. NeoLife™ Tea concentrate
 - c. BioScan™ Formula
 - d. Phytoceutical Medicine Prescriptions are shipped by US Postal Service Priority Mail, with insurance to cover the cost of the package.
8. Included with each set of a Phytoceutical Medicine Prescription is a fresh Cheek Swab Specimen. This is to be collected and mailed back to us during the last week of taking your Phytoceutical Medicine Prescription in preparation for the following month.
9. Costs
- a. The services offered here are at very reasonable costs. They are usually much lower than what a course of care would cost at clinics that offer just a few weeks of various alternative treatments for cancer.
 - b. There is never a charge for office visits or consultations with Dr. Charlie by telephone, email or over the internet. He much prefers that patients spend their money on products that are likely to do some real good rather than on just talking about it.
 - c. Costs typically vary about 10-15% in subsequent months due to variations in the Phytoceutical Medicine Prescription.
 - d. Current ranges of typical costs are available on our website: www.SimpleHealth.Life.
10. From initial contact to receiving your first order usually takes about 10-14 days. This can vary of course depending on a number of factors.
11. For those who would like to make arrangements to come to the office and work with our Energy Medicine specialist please contact the office directly:

Natural Cancer Healing Center
Div. Simple Health, LLC
Dr. Charlie Schwengel, PSc. D.
733 E. 6th Place, Mesa, AZ 85203
480 / 668.1448
Members@SimpleHealth.Life

~ Thank You! ~